

COMMUNITY HEALTH NURSING

S.NO.	UNIT	CONTENTS	
1.	I	<ul style="list-style-type: none"> • Introduction <ul style="list-style-type: none"> ➤ Community health nursing ➤ Definition concept and dimensions of health ➤ Promotion of health ➤ Maintenance of health 	Marks- 3
2.	II	<ul style="list-style-type: none"> • Epidemiology <ul style="list-style-type: none"> ➤ Definition, concept, aims, scope, uses and terminology used in Epidemiology ➤ Dynamics of disease transmission: epidemiological triad ➤ Morbidity and mortality: measurements ➤ Levels of Prevention • Methods of Epidemiology of <ul style="list-style-type: none"> ➤ Descriptive ➤ Analytical: Epidemic investigation ➤ Experimental • Epidemiology of <ul style="list-style-type: none"> ➤ Communicable diseases ➤ Non-communicable diseases ➤ Emerging & re-emerging diseases ➤ National integrated disease surveillance programme ➤ Epidemiology study and reports ➤ Role of community health nurse 	Marks- 3
3.	III	<ul style="list-style-type: none"> • Demography <ul style="list-style-type: none"> ➤ Definition, concept and scope ➤ Methods of collection, analysis and interpretation of demographic data ➤ Demographic rates and ratios 	Marks- 3
4.	IV	<ul style="list-style-type: none"> • Population and its control <ul style="list-style-type: none"> ➤ Population explosion and its impact on social, economic development of individual, society and country ➤ Population control: • Limiting family size: <ul style="list-style-type: none"> ➤ Promotion of small family norm ➤ Methods: Spacing (natural, biological, chemical mechanical methods etc.) ➤ Terminal: Surgical methods ➤ Emergency contraception 	Marks- 3

5.	V	<div data-bbox="1425 184 1554 220" data-label="Text"> <p>Marks- 3</p> </div> <ul style="list-style-type: none"> • Health planning, policies and problems <ul style="list-style-type: none"> ➤ National health planning in India Five Year Plans ➤ Various committees and commissions on health and family welfare ➤ Central Council for Health and family welfare (CCH and FW) ➤ National health policies (1983, 2002,2017) ➤ National population policy ➤ National Health goals /indicators / Millennium development goals (MDG)/sustainable development goals (SDG)/ strategies • Health problems in India
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6.	VI	<div>Marks- 5</div> <ul style="list-style-type: none"> • Health care delivery system: Urban, rural, tribal and difficult areas • Delivery of community health services <ul style="list-style-type: none"> ➤ Planning, budgeting and material management of SCs, PHC and, CHC • Rural: Organization staffing and functions of rural health services provided by government at: <ul style="list-style-type: none"> ➤ Village ➤ Sub center (Health and wellness center) ➤ Primary health center ➤ Community health Centre/ sub divisional ➤ Hospitals ➤ District ➤ State ➤ Centre • Urban: Organization, staffing and functions of urban health services provided by government at: <ul style="list-style-type: none"> ➤ Slums ➤ Dispensaries ➤ Maternal and child health centers ➤ Special Clinics ➤ Hospitals ➤ Corporation/Municipality/ Board • Components of health services <ul style="list-style-type: none"> ➤ Environmental sanitation ➤ Health education ➤ Vital statistics ➤ M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act. ➤ Family welfare ➤ School health services ➤ Occupational health ➤ Defense services ➤ Institutional services • Adolescent health • Rehabilitation • Systems of medicine and health care <ul style="list-style-type: none"> ➤ Allopathy ➤ Indian system of Medicine and Homeopathy ➤ Alternative health care systems like yoga, meditation, social and spiritual healing etc. • Referral system
7.	VII	<div>Marks- 3</div> <ul style="list-style-type: none"> • Community health nursing approaches, concepts and roles and responsibilities of nursing personnel <ul style="list-style-type: none"> ➤ Nursing theories and nursing process ➤ Epidemiological approach ➤ Problems solving approach ➤ Evidence based approach

		<ul style="list-style-type: none"> ➤ Empowering people to care for themselves • Concepts of Primary Health Care <ul style="list-style-type: none"> ➤ Equitable distribution ➤ Community participation ➤ Focus on prevention ➤ Use of appropriate technology ➤ Multi-sectoral approach 	
8.	VIII	<ul style="list-style-type: none"> • Health Agencies International – WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red cross, USAID, UNESCO, Colombo Plan, ILO, Care etc. • National – Indian red cross, Indian Council for child welfare, family planning Association of India (FPAI), Tuberculosis Association of India. Hindu Kushth Nivaran Sangh, Central Social Welfare Board, All India women’s conference, Blind Association of India etc. • Inter-sectoral coordination • public private partnership • Challenges of healthcare delivery system 	Marks- 3
9.	IX	<ul style="list-style-type: none"> • Maternal and neonatal care <ul style="list-style-type: none"> ➤ IMNCI (Integrated Management of Neonatal and Childhood Illnesses) Module. ➤ Skilled Birth Attendant (SBA) Module. 	Marks- 3
10.	X	<ul style="list-style-type: none"> • Disaster nursing (INC module on Reaching out: Nursing Care in emergencies) 	Marks- 3
11.	XI	<ul style="list-style-type: none"> • Information, education and Communication <ul style="list-style-type: none"> ➤ IEC: principles and strategies ➤ Communication Skills ➤ Management information and evaluation system: Records and reports ➤ Information technology ➤ Tele-medicine and tele-nursing 	Marks- 3

12.	XII	<div>Marks- 3</div> <ul style="list-style-type: none"> • National health and family welfare programme Objectives, organization /manpower/ resources, Activities, goals. Inter-sectoral approach, implementation, item/ purpose, role and responsibilities of community health nurse: • National vector borne disease control programme (NVBDCP) • National filarial control programme • National leprosy eradication programme • Revised national TB control programme • National programme for Control of blindness • National iodine deficiency Disorders control programme • National mental health programme • National AIDS control programme • National cancer control programme • RCH I & II • Non-communicable disease programme • RMNCH+A • All latest national health programme • NRHM- Health schemes: <ul style="list-style-type: none"> ➤ ESI ➤ CGHS ➤ Health insurance
13.	XIII	<div>Marks- 3</div> <ul style="list-style-type: none"> • International health <ul style="list-style-type: none"> ➤ Global burden of disease ➤ Global health rules to halt disease spread ➤ Global health priorities and programme ➤ International quarantine ➤ Health tourism ➤ International cooperation and assistance ➤ International travel and trade ➤ Health and food legislation, laws, adulteration of food ➤ International health issues and problems ➤ International nursing practice standards

14.	XIV	<div data-bbox="1425 189 1554 226" style="text-align: right;">Marks- 3</div> <ul style="list-style-type: none"> • Education and administration <ul style="list-style-type: none"> ➤ Quality assurance ➤ Standards, protocols, policies, procedures ➤ Infection control; standard safety measures ➤ Nursing audit ➤ Design of sub-center/ primary health center /community health center ➤ Staffing; supervision and monitoring-performance appraisal ➤ Budgeting ➤ Material management ➤ Role and responsibilities of difference categories of personnel in community health ➤ Referral chain-community outreach services ➤ Transportation ➤ Public-relations ➤ Planning in-service educational programme and teaching ➤ Training of various categories of health workers preparation of manuals
15.	XV	<div data-bbox="1425 810 1554 848" style="text-align: right;">Marks- 3</div> <ul style="list-style-type: none"> • Geriatric <ul style="list-style-type: none"> ➤ Concept, trends, problems and issues ➤ Aging process and changes ➤ Theories of aging ➤ Health problems and needs ➤ Psycho-physiological stress or sand disorders ➤ Myths and facts of aging ➤ Health assessment ➤ Home for aged-various agencies ➤ Rehabilitation of elderly ➤ Care of elderly ➤ Elderly abuse ➤ Training and supervision of caregivers ➤ Government welfare measures programme for elderly ➤ Role of NGOs ➤ Roles and responsibilities of geriatric nurse in the community

16.	XVI	<div data-bbox="1425 191 1554 226" data-label="Text">Marks- 3</div> <ul style="list-style-type: none"> • Community mental health <ul style="list-style-type: none"> ➤ Magnitude, trends and issues ➤ National mental health programme–community mental health programme ➤ The challenging focus of care ➤ The public health model ➤ Case management– collaborative care ➤ Crisis intervention ➤ Welfare agencies ➤ Populations at risk ➤ The community as client <ul style="list-style-type: none"> ○ Primary prevention ○ Secondary prevention ○ Tertiary prevention ➤ Community based rehabilitation ➤ Human rights of mental ill ➤ Substance abuse ➤ Mentally challenged groups ➤ Role of community health nurse
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